

Lancashire School Food Supplies

Wherever possible we buy local produce to support local businesses and reduce food miles.



Our service recognises the value and importance of sustainable and responsible food sourcing. Our aims to positively influence the diet of our children and young people, and always consider where the food we put on their plates comes from and how it was produced.



Why not join our team

From time to time we have vacancies for Staff in Charge and Catering Assistants. If you would like to join our team and help serve great, healthy food to children in Lancashire Schools, please contact our recruitment line on **01772 538999**.

We talk to the children in their school council meetings but we also welcome feedback from parents and react positively to requests, suggestions and complaints.

Visit our website at www.servinglancashire.org.uk and click the 'contact us' tab. Then, simply click one of the links and send us your message. If you require a response to a complaint at your child's school, please don't forget to include the name of the school with your message.

Alternatively, please contact **01772 646803** and leave a brief message and telephone number.



Look out for our fantastic promotions

Healthy Heroes has been designed to help primary age children make healthier food and activity choices. Choosing a school lunch is one of those choices.

Further information about Healthy Heroes can be found by going to www.lhsp.org.uk/healthyheroes. The Heroes also appear on the School Meal website www.servinglancashire.org.uk.

October 2012
November 2012
December 2012
February 2013
February 2013
March 2013
April 2013

King Harold Day
Lancashire Day
Christmas Lunch
Chinese New Year
National Wear Red Day
Mother's Day Lunch
World Book Day



Free School Meals

Free school meals are offered to children of families who are in receipt of:

- Income Support or
- Job Seekers Allowance (Income based) or
- Support under part VI of the Immigration and Asylum Act 1999 or
- The Guaranteed element of State Pension Credit or
- Income related Employment Support Allowance or
- Child Tax Credit and are not entitled to Working Tax Credit and your annual income, as assessed by the Inland Revenue, does not exceed £16,190 (July 12 figure)
- Working Tax Credit during the four week period immediately after your employment finishes or after you start to work less than 16 hours per week.

The Government does not allow us to recognise any other benefit other than those mentioned above.

To apply, simply ring your local Area Education office with details of your name, date of birth and National Insurance number and an immediate on-line decision can be given. (See contact details below for phone numbers).

Once you have applied and been granted free school meals for your children you do not need to re-apply annually. You will be contacted normally in August each year to confirm whether or not your children are still entitled to free school meals.

Area Education Office North (for Lancaster & Morecambe, Wyre, Fylde)

Pupil Access Team, Lancashire County Council, White Cross Education Centre, Quarry Road Lancaster, Lancashire, LA1 3SF • T: 01524 581 207

Area Education Office South (for schools in Preston, South Ribble, West Lancs, Chorley)

Pupil Access Team, Joint Divisional Offices, East Cliff, Preston, PR1 3JT • T: 01772 533 608

Area Education Office East (for Hyndburn, Ribble Valley, Burnley, Pendle, Rossendale)

Pupil Access Team, Area Education Office East The Globe Centre, 1 Globe Way, Accrington, BB5 0FQ • T: 01254 220 711

School lunches - they just keep on getting better!



School Lunch Menu



www.servinglancashire.org.uk



Lancashire Schools – serving fantastic lunches every day

There’s so much to choose from on our new Autumn and Winter menu, including new children’s favourites. served with seasonal vegetables or as much as your child wants from the salad bar, plus pudding or yoghurt or fresh fruit.

Available daily: Bread Basket, Salad, Yoghurt, Fruit Wedges and Chilled Water. Halal meat is served for religious diets in some schools. Please check with your school for details. We offer a healthy packed lunch option for schooltrips and during the warmer months in some schools. Please check with your school for details. Whilst every effort is made to produce the published menus, please note that they may vary occasionally subject to availability. All our menus are planned to meet the food and nutrient standards for food in schools and are checked using a recognised programme to analyse nutrition. We also work with Lancashire Healthy Schools and support the Change 4 Life campaign. The result is a menu your child will enjoy and that will prepare them for learning in the afternoon.

Week One

Monday’s Special - Golden Sole Strips (v) = meat free			
Hot Heroes	Pasta Power	Spuds ‘n’ Stuff	Just Desserts
Golden Sole Strips	Quorn and Sweet Potato Curry with Mixed Rice. Naan Bread (V)	Jacket Potato with Choice of Filling (V)	Warm Cherry Sponge and Homemade Dairy Ice Cream
Jacket Wedges Garden Peas	Salad Bar	Salad Bar	Fresh Fruit Bar Fruit Yoghurt Cool Milk
Tuesday’s Special - Mince and Dumplings (v) = meat free			
Hot Heroes	Pasta Power	Spuds ‘n’ Stuff	Just Desserts
Mince and Dumplings	Tomato Pasta Bake Garlic Slice (V)	Homemade Soup and Toasted Panini with Choice of Filling (V)	Traditional Rice Pudding With Jam
New Potatoes Sweetcorn	Salad Bar	New Potatoes Salad Bar	Fresh Fruit Bar Fruit Yoghurt Cool Milk
Wednesday’s Special - Braised Steak and Onions (v) = meat free			
Hot Heroes	Pasta Power	Spuds ‘n’ Stuff	Just Desserts
Braised Steak and Onions	Vegetarian Pasta Bolognaise Dough Balls (V)	Jacket Potato with Choice of Filling (V)	Chocolate Sponge and Chocolate Sauce
Creamed Potatoes Carrots & Swede	Salad Bar	Salad Bar	Fresh Fruit Bar Fruit Yoghurt Cool Milk
Thursday’s Special - Roast Chicken Breast (v) = meat free			
Hot Heroes	Pasta Power	Spuds ‘n’ Stuff	Just Desserts
Roast Chicken Breast With Gravy	Vegetable Lasagne Tomato Garlic Bread (V)	British Beef Burger on a Bun	Golden Flapjack
Roast Potatoes Seasonal Vegetables	Salad Bar	Jacket Wedges Salad Bar	Fresh Fruit Bar Fruit Yoghurt Cool Milk
Friday’s Special - Harry Ramsdens Chip Shop Fish (v) = meat free			
Hot Heroes	Pasta Power	Spuds ‘n’ Stuff	Just Desserts
Harry Ramsdens Chip Shop Fish	Pizza Margherita (V)	Jacket Potato with Choice of Filling (V)	Jelly and Homemade Dairy Ice Cream
Steak Cut Chips or New Potatoes Mushy Peas	Steak Cut Chips or New Potatoes Salad Bar	Salad Bar	Fresh Fruit Bar Fruit Yoghurt Cool Milk

Week Two

Monday’s Special - Award Winning Sausages (v) = meat free			
Hot Heroes	Pasta Power	Spuds ‘n’ Stuff	Just Desserts
Award Winning Sausages in Onion Gravy	Spaghetti Neopolitan Crusty Bread (V)	Jacket Potato with Choice of Filling (V)	Syrup Sponge and Custard
Creamed Potatoes Fresh Baton Carrots	Salad Bar	Salad Bar	Fresh Fruit Bar Fruit Yoghurt Cool Milk
Tuesday’s Special - Butter Chicken (v) = meat free			
Hot Heroes	Pasta Power	Spuds ‘n’ Stuff	Just Desserts
Cottage Pie Topped with Root Vegetable Mash	Butter Chicken with Mixed Rice Garlic Naan Bread	Homemade Soup and Toasted Panini with Choice of Filling (V)	Jam and Cream Slice
Garden Peas Red Cabbage	Salad Bar	Chunky Roast Potatoes Salad Bar	Fresh Fruit Bar Fruit Yoghurt Cool Milk
Wednesday’s Special - Chinese Pork Steak (v) = meat free			
Hot Heroes	Pasta Power	Spuds ‘n’ Stuff	Just Desserts
Chinese Pork Steak	Sweet Red Pepper and Tomato Pasta Dough Balls (V)	Jacket Potato with Choice of Filling (V)	Home Baked Doughnuts
Savoury Rice Broccoli Florets	Salad Bar	Salad Bar	Fresh Fruit Bar Fruit Yoghurt Cool Milk
Thursday’s Special - Roast Beef and Yorkshire Pudding (v) = meat free			
Hot Heroes	Pasta Power	Spuds ‘n’ Stuff	Just Desserts
Roast Beef and Yorkshire Pudding with Gravy	Vegetable Ravioli Garlic Slice (V)	Crunchy Chicken Wrap	Chocolate Cookie
Roast Potatoes Cauliflower Cheese	Salad Bar	Jacket Wedges Salad Bar	Fresh Fruit Bar Fruit Yoghurt Cool Milk
Friday’s Special - Golden Whitby Scampi (v) = meat free			
Hot Heroes	Pasta Power	Spuds ‘n’ Stuff	Just Desserts
Golden Whitby Scampi	Cook’s Choice of Pizza (V)	Jacket Potato with Choice of Filling (V)	Arctic Roll
Steak Cut Chips or New Potatoes Baked Beans	Steak Cut Chips or New Potatoes Salad Bar	Salad Bar	Fresh Fruit Bar Fruit Yoghurt Cool Milk

Week Three

Monday’s Special - Pork Meatballs (v) = meat free			
Hot Heroes	Pasta Power	Spuds ‘n’ Stuff	Just Desserts
Bird’s Eye Salmon Fish Fingers	Pork Meatballs with Pasta and Tomato Sauce, Garlic Bread	Jacket Potato with Choice of Filling (V)	Sticky Parkin with Custard Sauce
Creamed Potatoes Sweetcorn	Salad Bar	Salad Bar	Fresh Fruit Bar Fruit Yoghurt Cool Milk
Tuesday’s Special - Chicken Balti (v) = meat free			
Hot Heroes	Pasta Power	Spuds ‘n’ Stuff	Just Desserts
Chicken Balti Mixed Rice Tomato Bread	Omelette with Choice of Filling (V)	Hot Roast Beef and Onion Barm Cake	Jelly and Homemade Dairy Ice Cream
Salad Bar	Hash Browns Baked Beans	Chunky Diced Potatoes Mixed Vegetables	Fresh Fruit Bar Fruit Yoghurt Cool Milk
Wednesday’s Special - Meat & Potato Pie (v) = meat free			
Hot Heroes	Pasta Power	Spuds ‘n’ Stuff	Just Desserts
Traditional Meat and Potato Pie	Tuscan Chicken Pasta Garlic Slice	Jacket Potato with Choice of Filling (V)	Fruit Crumble and Custard Sauce
Baton Carrots Red Cabbage	Salad Bar	Salad Bar	Fresh Fruit Bar Fruit Yoghurt Cool Milk
Thursday’s Special - Roast Loin of Pork (v) = meat free			
Hot Heroes	Pasta Power	Spuds ‘n’ Stuff	Just Desserts
Roast Loin of Pork	Pasta in Tomato and Mascarpone Sauce Dough Balls (V)	Homemade Soup with Mini Sub Melt	Jammy Ring Cookie
Roast Potatoes Seasonal Vegetables	Salad Bar	Roast Potatoes Salad Bar	Fresh Fruit Bar Fruit Yoghurt Cool Milk
Friday’s Special - Fun Day Friday (v) = meat free			
Hot Heroes	Pasta Power	Spuds ‘n’ Stuff	Just Desserts
Cod Medallions	Pizza Finger, Sausage or Cheese Roll, Chunky Chicken or Golden Quorn Chunks (V)	Jacket Potato with Choice of Filling (V)	Homemade Raspberry Ripple Ice Cream with Mini Gingerbread Cookie
Steak Cut Chips or New Potatoes Mushy Peas	Veg Sticks Cherry Tomatoes	Salad Bar	Fresh Fruit Bar Fruit Yoghurt Cool Milk

Menu dates for Lancashire Schools

Weekly Cycle
Week One
Week Two
Week Three

Aug/Sept

Mon	Tue	Wed	Thur	Fri
27	28	29	30	31
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28

Oct/Nov

Mon	Tue	Wed	Thur	Fri
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31	1	2

Nov/Dec

Mon	Tue	Wed	Thur	Fri
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30
3	4	5	6	7

Dec/Jan

Mon	Tue	Wed	Thur	Fri
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31	1	2	3	4
7	8	9	10	11

Jan/Feb

Mon	Tue	Wed	Thur	Fri
14	15	16	17	18
21	22	23	24	25
28	29	30	31	1
4	5	6	7	8
11	12	13	14	15

Feb/Mar

Mon	Tue	Wed	Thur	Fri
18	19	20	21	22
25	26	27	28	29
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22

Mar/Apr

Mon	Tue	Wed	Thur	Fri
25	26	27	28	29
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26

Apr/May

Mon	Tue	Wed	Thur	Fri
29	30	1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31